
Sana Mumallah

Registered Nurse

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OBJECTIVE

Dedicated ICU Nurse with over two years of experience, offering a comprehensive skill set and a strong commitment to continuous quality improvement, professional growth, and evidence-based practice to ensure optimal patient outcomes

EDUCATION

Dallas College, Dallas, TX - 2022 **ADN**
in Nursing and AS in Science
GPA 3.48 Phi Theta Kappa Honors graduate

Texas A&M, Commerce, TX - 2025 **BSN**
GPA 3.5 Honors Society

CERTIFICATIONS/LICENSURE

RN #1109692 *Texas Board of Nursing* - March 2023
BLS *American Heart Association* - Aug. 2023
ACLS *American Heart Association* - March 2025
ENLS *Neurocritical Society* - April 2024
NIHSS *Apex Innovations* - Oct. 2024
CCRN *AACN* - Sept. 2024

EXPERIENCE

UT Southwestern Medical Center, Dallas, TX June 2025 - PRESENT

CERTIFIED COMPREHENSIVE CARDIAC CENTER

MICU-CVICU - Staff

- Large 24-bed high acuity unit at a large 820-bed teaching and research hospital.
- Managed patients with acute myocardial infarction, unstable angina, PE, CHF exacerbations and escalation, and post-operative care from surgeries like CABG and endarterectomy, diabetic ketoacidosis, HHS, metabolic crises, thyroid storm, sepsis, MODS, AKI, COPD exacerbations, ARDS, PE, pneumo/hemothorax with chest tube management, and hemodynamic monitoring and titration management.
- Large mixed patient population.
- Devices: CRRT, Impella, IABP, PA cath management, Vents, CVPs, Art lines
- Procedures: Para/Thoracentesis bedside, intubations, line insertion procedures, bubble study assistance, Chest tube insertion, PA catheter management
- Unit Based Council active member.

Medical City Plano, Plano, TX JANUARY 2023 - PRESENT

LEVEL 1 TRAUMA, LEVEL 1 STROKE

NEURO/TRAUMA ICU - Staff RN JANUARY 2023 - JUNE 2025, Now PRN

- Unit of Distinction honorable mention.
- Large 34-bed unit with critical patients with strokes, head traumas, comas, intracranial hemorrhage, brain mass, SIADH, cerebral salt wasting, post-surgical spinal, endarterectomy, and thrombectomy management, status epilepticus and seizure disorders, Myasthenia

Gravis, encephalopathy, meningitis, Chiari malformation, and many other neurologic conditions.

- Participated in the Unit Practice Council as an active member for 2 years.
- Nurse Resident Program graduate.
- Devices: EVD and lumbar drain management, subdural and JP drains, vents, CVPs, Art lines.
- Procedures: EVD insertion bedside, intubations, line insertion procedures, Transcranial Doppler ultrasound assistance.

MICU - PRN/float and CVICU - float

- Cared for patients with severe gastrointestinal bleeding, acute liver failure, pancreatitis, diabetic ketoacidosis, HHS, metabolic crises, thyroid storm, sepsis, AKI, COPD exacerbations, ARDS, PE, pneumo/hemothorax with chest tube management, post-CABG and PCI, and hemodynamic monitoring and titration management.

*Pre-Nursing experiences with customer service, technical support, and caregiving available at request.

SKILLS

- Advanced patient monitoring
- Cardiac rhythm interpretation & dysrhythmia recognition
- Hemodynamic assessment & management
- Ventilator management & respiratory support
- Sepsis & shock protocol implementation
- Pain, sedation, & blood pressure management with IV medication titration
- Comprehensive patient assessments & critical thinking
- Advanced IV therapy & medication administration
- IV insertion & infusion pump management
- Central/arterial line maintenance
- Endotracheal intubation assistance & airway management
- Setup & assistance for complex procedures (intubation, EVD placement, arterial lines, central lines)
- Post-procedure monitoring & troubleshooting of ICU equipment
- Rapid Response, Code Blue, Code Stroke/Brain Code participation
- Stroke protocols & neurological assessments
- Infection control, sterile, and aseptic technique adherence
- Mentoring new ICU nurses
- Facilitating effective communication & multidisciplinary collaboration
- Integration of new technologies in patient care
- Electronic Health Records (EHR) proficiency
- Patient & family education
- Culturally competent & empathetic patient support
- Coordination of care & discharge planning
- Multidisciplinary collaboration and communication
- Patient advocacy
- Early Mobilization
- ABCDEF ICU Liberation Bundle

AFFILIATIONS AND ORGANIZATIONS

UNIT PRACTICE COUNCIL - MEDICAL CITY PLANO -- *Active since 2023*

- Helped host the Stroke Support group for the hospital for caregivers to receive the “what’s next” after being home from the hospital and rehab.
- Mentored newer nurses on the unit and created an educational “neuro cheat sheet” to help have shorthand notes on what to expect with specific neuro conditions we see most frequently.

AMERICAN ASSOCIATION OF CRITICAL-CARE NURSES -- *Active since 2024*

- Attended NTI in New Orleans and active in local Dallas Chapter meetings

AMERICAN ASSOCIATION OF NURSE ANESTHESIOLOGY -- *Active since 2025*

- Attended Mid-Year Assembly in DC 2025 and Annual Congress in Nashville 2025
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